

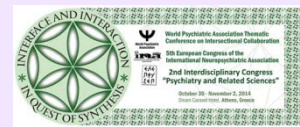


- February 2014-



Conference Information

A joint congress event consisting of the 'World Psychiatric Association Thematic Conference on Intersectoral Collaboration', the '5th European Congress of the International Neuropsychiatric Association' and the '2nd Interdisciplinary Congress on Psychiatry and Related Sciences', will be held in the Divani Caravel Hotel, Athens, Greece, from the 30th October until the 2nd November 2014. These congresses are organised jointly by the World Psychiatric Association (WPA), the International Neuropsychiatric Association (INA) and the Hellenic Society for the Advancement of Psychiatry and Related Sciences (HSAPRS); moreover, they are being co-sponsored by the World Federation of Societies of Biological Psychiatry (WFSBP), the World Association for Psychosocial Rehabilitation (WAPR), the International Psychoanalytical Association (IPA), and the European Family Therapy Association (EFTA). Further information can be found on the congress website www.psych-relatedsciences.org.



International Bipolar Day – 30th March 2014

World Bipolar Day (WBD) will be celebrating its inaugural year on the 30th March, the birthday of Vincent Van Gogh, who was posthumously diagnosed as probably having bipolar disorder. The vision of WBD is to bring world awareness to bipolar disorders and eliminate social stigma. Through international collaboration the goal of World Bipolar Day is to bring the world population information about bipolar disorders that will educate and improve sensitivity towards the illness.



Bipolar Disorder is a mental illness that represents a significant challenge to patients, health care workers, family members and our communities. While growing acceptance of bipolar disorder as a medical condition, like diabetes and heart disease, has taken hold in some parts of the world, unfortunately the stigma associated with the illness is a barrier to care and continues to impede early diagnosis and effective treatment. In order to address the disparity in how bipolar disorder is viewed in different parts of the world, the Asian Network of Bipolar Disorder (ANBD), the International Bipolar Foundation (IBPF), and the International Society for Bipolar Disorders (ISBD) came together to work on the concept of a world bipolar day. For more information about WBD, or for any questions, comments, or event announcements, please contact Jill Olds at mailto:jillo@isbd.org.

Network of accessible locations and accessibility information in EU

The Croatian Association for promoting independence of people with disabilities (Expeditus) are building a network of accessible locations and accessibility information in EU for travellers with a disability using the online platform <http://www.travabled.com>. Their goal is to get traveller comments on accessible locations so that travellers from every country in the EU and later rest of the World have better accessibility information about desired location. They are hoping that travellers who wish to visit Croatia, or Croatian travellers wishing to visit EU have better information and therefore can plan their trip without having fear of not having any kind of information on accessibility of place they plan to visit.

Twenty new apps on myhealthapps.net

During January and February 2014, 50 patient groups/empowered consumers from across the world nominated 20 new and diverse health apps for inclusion in myhealthapps.net. The subject matter of these 20 health apps include: • management of life style; • improving access to healthcare; • medicine management; and • management of medical conditions. The following specialties are covered by the apps: —allergy; arthritis; asthma; breast cancer; diabetes; learning disabilities; mental health; neck/throat cancer; obesity; Parkinson's disease; pregnancy; smoking cessation; and weight control. All told, these 20 health apps are available in 17 languages — Catalan, Czech, Danish, Dutch, English, Finnish, French, German, Hungarian, Italian, Norwegian, Polish, Portuguese, Russian, Spanish, Swedish, Turkish. See <http://www.myhealthapps.net>.



Health at a Glance 2013

The 2013 edition of Health at a Glance – OECD Indicators presents the most recent comparable data on key indicators of health and health systems across the 34 OECD member countries. Where possible, it also reports comparable data for Brazil, China, India, Indonesia, the Russian Federation, and South Africa, as key emerging countries. It can be downloaded at <http://tinyurl.com/pxlrrq6>

WHO youtube video “I had a black dog, his name was depression” over 2 million views!

The video produced by Matthew Johnston, with support from the WHO, has become the most viewed video on the WHO youtube channel. At its worst, depression can be a frightening, debilitating condition. Millions of people around the world live with depression. Many of these individuals and their families are afraid to talk about their struggles, and don't know where to turn for help. However, depression is largely preventable and treatable. Recognising depression and seeking help is the first and most critical towards recovery. In collaboration with the WHO, writer and illustrator Matthew Johnstone tells the story of overcoming the "black dog of depression". View it by clicking here <http://tinyurl.com/95cmbus>



EUFAMI Representation

The Secretary General represented EUFAMI at the recent Workshop on Mental Health Research projects which was arranged by DG Research in Brussels. He also was a speaker at the 'How to promote empowerment experiences for Mental Health users and carers in Europe?' conference which was held at the end of January in Lille, France under the auspices of the WHO-Collaborating Centre, Lille, France and WHO Europe. Nadine Fossion represented EUFAMI at the EU Parliament Interest Group on Mental Health and Well being held in the European Parliament on the 11th February.

Note to readers – if for some reason you no longer wish to receive the EUFAMI @-Bulletin, please send an email to info@eufami.org, with the words 'Unsubscribe Bulletin' on the subject line.

▶ **Conference Information**

▶ **International Bipolar Day – 30th March 2014**

▶ **Network of accessible locations and accessibility information in EU**

▶ **Twenty new apps on myhealthapps.net**

▶ **Health at a Glance 2013**

▶ **WHO youtube video “I had a black dog, his name was depression” over 2 million views**

▶ **EUFAMI Representation**

For more information, please look at the web site www.eufami.org or contact EUFAMI at info@eufami.org

EUFAMI
Diestsevest 100
B-3000 Leuven
Belgium

Tel +32 16 74 50 40
Fax +32 16 74 50 49