



- June 2014 -



## ADOCARE survey for patients

ADOCARE is the consortium of Action for Teens aisbl and LUCAS (research centre of the KU Leuven), supported by the European Commission – Health and Consumers Directorate-General. ADOCARE develops an innovative, collaborative, cross-sector network that links psychiatrists specialised in adolescence, psychologists, experts, researchers, stakeholders, policy-makers, care givers, care users, educators, parents and youth. The purpose of ADOCARE is to promote and sustain the creation of adapted and innovative care structures for adolescents with mental health problems. ADOCARE conducts research (work package 1), stimulates awareness raising and capacity building activities as well as exchange and consultation and disseminates the gathered information (work package 2). In Europe, young people and their environment too often do not find appropriate help when they experience mental health problems. The traditional health care structures often fail to take into account the specific needs of adolescents. This is due to the fact that in many countries, mental health care facilities are oriented towards children or towards adults. This is why the specificity of mental health problems for teens and young adults is often overlooked and not well enough addressed. In addition in many countries there is a shortage of care facilities in general as well as specifically for adolescents. The consortium has recently released a survey and through this survey it is hoped to gather your input, suggestions, etc. so that the consortium can take it into account for the further project development that in the end will result in a policy paper with guidelines for the European Commission. The survey is open until the 30<sup>th</sup> July 2014. To participate, log onto [www.adocare.eu](http://www.adocare.eu).

### ▶ ADOCARE Survey for patients

### ▶ Summer and Winter arrive

### ▶ Cross-border healthcare: EU Commission Survey on the impact of information on patients' choice

### ▶ EUFAMI delegates gather in Athens

### ▶ Prospect PLUS launched

## Summer and Winter arrive

For readers in the northern hemisphere, June marks the beginning of summer; longer, warmer days, school lets out bringing less structure and the hope of a vacation. For readers living on the southern side, winter arrives. Shorter days, colder temperatures, decreased light exposure and for many, more hibernation-like behaviours. In either location, these seasons can bring about changes in mood. The two articles - [Summertime Fun](#) or [Winter Blues](#) might help you to cope. Click on the relevant link.



## Cross-border Healthcare: European Commission's Survey on the impact of information on patients' choice

The London School of Economics and Ipsos are currently performing a study on behalf of the European Commission on the impact of information on patients' choice within the context of the Directive 2011/14/EU of the European Parliament and the Council on the application of patients' rights in cross-border healthcare. The objective of the study is to learn whether and how information impacts patients' choice to seek healthcare in another EU Member State. The study was commissioned to assist EU Member States in setting up and running National Contact Points (NCP) which are required by the Directive. The study will test how visitors assess information presented in different forms (i.e. level of detail) in eight EU countries: Czech Republic, Denmark, Germany, Estonia, Slovenia, Hungary, Finland, Italy. The survey will go live on the NCP sites on the 30<sup>th</sup> May 2014 and will be there for seven weeks. Your participation will be very helpful and can make a real difference.



For more information, please look at the web site [www.eufami.org](http://www.eufami.org) or contact EUFAMI at [info@eufami.org](mailto:info@eufami.org)

## EUFAMI delegates gather in Athens

At the beginning of June, delegates from many of our member associations gathered in Athens to attend the annual General Meeting and a Member Training Day. The delegates received a warm Greek welcome thanks to our Greek member associations, KINAPSI and SOPSI Athens. The theme of the Training Day was Empowerment which turned out to be a very interesting and informative day which was as a result of a number of very interesting presentations and the active participation of all delegates who attended. A number of the delegates had the opportunity to visit a day centre operated by SOPSI Athens and the day was rounded off by a guided tour of the Acropolis museum and a dinner in a typically Greek restaurant. There was also ample opportunity for delegates to renew existing acquaintances and to make new friends.



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## Prospect plus launched

At the EUFAMI General Meeting in Athens, a new additional programme, consisting of 5 modules, was launched. The new programme has been named Prospect plus. It will be made available to the current members of the Prospect network later this year. Prospect is EUFAMI's innovative peer to peer empowerment and training programme which is currently being used in 14 European countries. For further information about Prospect, please contact Rita Geerts at [project.admin.office@eufami.org](mailto:project.admin.office@eufami.org).



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