



PSYCHIATRY CONGRESS BERLIN

Annual Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics
 27 – 30 November 2013 // ICC Berlin, Germany

From Therapy to Prevention

www.psychiatry-congress-berlin.org

Dear Colleagues,

Throughout medicine, the emphasis is shifting from treatment to prevention: the gain in healthy years is a result mainly of early detection of or intervention in diseases and of a reduction in illness risk through lifestyle changes. This is also true for mental disorders. Examples are successful early diagnosis of and intervention in alcohol disorders, psychosis and dementia. Promising developments in prevention and early intervention can also be seen in affective disorders, behavioural addictions, aftereffects of trauma and burnout. Strategies range from short-term behavioural interventions and lifestyle modifications to psychotherapy and pharmacotherapy. Disorder-specific prevention – a result of medical research and practice – applies the knowledge that multifactorial illnesses develop insidiously over a long period of time. This new prevention strategy thus increasingly supplements the classical primary prevention aimed at specific segments of the population.

In this context, outpatient psychiatry and psychotherapy is increasingly developing into a place for efficient preventative intervention. However, the conditions require a new openness: off-label therapy, treatment of risk states that are not yet actual diseases and cooperation with other medical disciplines, company doctors in the workplace, school psychologists and non-medical prevention programmes.

The DGPPN congress will also address the neurobiological principles of prevention: epidemiological risk factor research, interactions between genetic disposition and living conditions in the development of diseases, the effects of environmental conditions on the brain (epigenetics).

The congress has three additional main topics, which are important with regard to health care politics:

- ▶ Alternative care models for mental disorders – international perspective
- ▶ Requirement planning in the treatment of mental disorders
- ▶ Increasing patient autonomy and medical assistance

We can thus expect a multifaceted congress, and it would be my pleasure to welcome you to Berlin.

With best regards
 Prof. Dr. med. Wolfgang Maier
 President DGPPN

The DGPPN Congress 2013 is aimed at

- ▶ Psychiatrists and psychotherapists
- ▶ Specialists for neurology and psychiatry
- ▶ Neurologists
- ▶ Specialists for psychosomatic medicine and psychotherapy
- ▶ Medical and psychological psychotherapists
- ▶ Child and adolescent psychiatrists and psychotherapists
- ▶ Psychologists
- ▶ General practitioners and internal specialists
- ▶ Doctors and psychologists continuing in advanced professional training
- ▶ Students
- ▶ Affiliated health care professionals, social workers, occupational therapists and physiotherapists
- ▶ Patients and their relatives

Scientific Programme

- ▶ Plenary Lectures
- ▶ President's Symposia
- ▶ Lectures
- ▶ Main Symposia
- ▶ Symposia
- ▶ Discussion Forums
- ▶ Oral Presentations
- ▶ Poster Presentations
- ▶ Pro-Con-Debates

Educational Programme

- ▶ State-of-the-Art-Symposia
- ▶ Educational Symposia
- ▶ 2-Day-Workshops
- ▶ 1-Day-Workshops

Registration online at www.psychiatry-congress-berlin.org

Thematic Symposia

Duration: 90 minutes (max. 4 speakers)
 15 – 20 minutes lecture and 5 minutes discussion time
 Deadline for abstract submission: **8 April 2013**

Oral Presentations

Duration: 10 minutes per presentation
 Deadline for abstract submission: **28 June 2013**

Poster

Duration: 5 minutes per poster presentation including discussion
 Deadline for abstract submission: **28 June 2013**

Please note that all participants at the congress are obliged to pay the congress fees. Chairpersons, speakers and poster presenters are not in any way exempt from the payment of the congress fees.

Contributions will only be accepted if the author also submits a disclosure form and agrees to its publication.

Congress Venue
 Internationales Congress Centrum ICC Berlin
 Neue Kantstr./Ecke Messedamm, 14057 Berlin, Germany

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KONGRESS

mit DGPPN-Akademie für Fort- und Weiterbildung
 27. – 30. November 2013 // ICC Berlin

Von der Therapie zur Prävention

www.dgppn.de

Zertifizierung bei der Ärztekammer Berlin beantragt